

Prayer

For You!



WELCOME to prayer

This weekend, we celebrate Corpus Christi – the Body of Christ! Today Jesus tells us about the secret to living our lives to the full – himself!

What do you want from a life lived with Jesus?

MY PRAYER space

Set up a space with a candle, bible and something of family significance!

What are some items you could include and why?

† PRAYER & *thanksgiving*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen!

Christ Jesus, Bread of Life,
feed us with your love and wisdom
so that we may experience a life lived to the full with you.

Amen.

GOSPEL reading

Jesus said to the crowd: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

John 6: 51-58

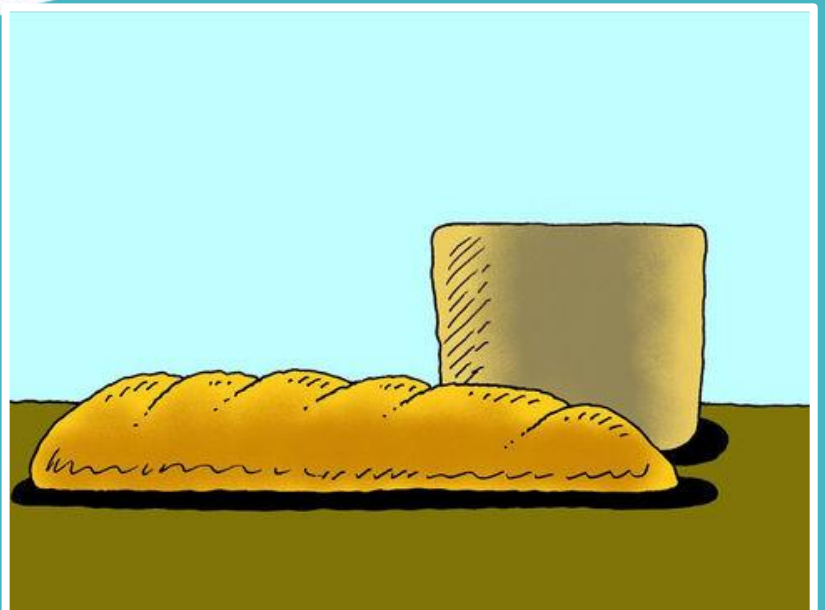
📖 GOSPEL reflection

Today Jesus tells us that he is the living bread which has come down from heaven. That anyone who eats this bread will live forever.

He says that the bread he gives is his flesh, and that whoever eats his flesh and drinks his blood lives in him and he lives in them.

What do you think this means?

Every time we come to Mass, the bread and wine are changed into the body and blood of Jesus. And we come to share in it, even if we only have a blessing, welcoming Jesus into our lives.



The Bible is the story of God's love for us – as seen in Jesus Christ!

TURN OVER FOR activities 

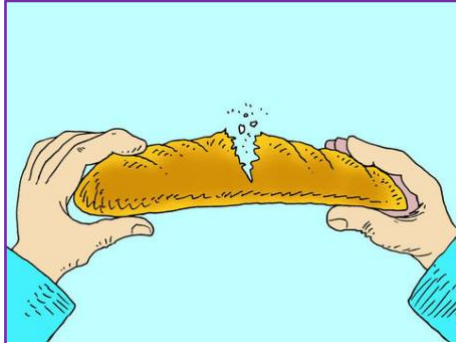
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② IT'S TIME TO *reflect*

When we gather in the Eucharist, we celebrate Jesus' Body (bread) and Blood (wine). We gather together (as a Church) and celebrate the life and death of Jesus. Reflect on these key points of celebration and write or draw your reflections below.



Why do we celebrate His Body (bread)?



Why do we celebrate His Blood (wine)?



Why do we celebrate together?



Why do we celebrate His life and death?

✍ MY THOUGHTS & *reflections*