

Prayer

For You!



WELCOME to prayer

This weekend, we celebrate The Most Holy Trinity! This is a very special time where we celebrate God the Father, Son and Spirit!

God is love. When was one time you experienced God's love?

MY PRAYER space

Set up a space with a candle, bible and something of family significance!

What are some items you could include and why?

† PRAYER & thanksgiving

In the name of the Father, and of the Son, and of the Holy Spirit. Amen!

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning is now and ever shall be, world without end.

Amen.

GOSPEL reading

Jesus said to Nicodemus:

'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life.

For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.'

John 3:16-18

📖 GOSPEL reflection

God is love. We know this because it is love that is between the Father, Son and Holy Spirit. We find out who we are and why we are here in this mystery of our God of love.

God wants to be in relationship with us.
Every human has a desire to be in relationship with God.

The Trinity is also a model for our lives. Just like the Father, Son and Spirit are joined, so it is we are joined with our Church. We are not alone!

Today, why don't you unplug your earpods and disconnect from social media and reach out to a friend or family member as an act of love.



The Bible is the story of God - the Father, Son and Spirit - meeting us where we are!

TURN OVER FOR activities 

Prayer

For You!



② IT'S TIME TO *reflect*

Colour in the Holy Trinity image below, and reflect on how God is the Father, Son and Spirit



✍ MY THOUGHTS & *reflections*